

# INTERNATIONAL JUDO CHALLENGE FOR DOWN SYNDROME (JUDOWN)



## RULES

### 1. Categories

Athletes will be grouped in DIVISION II (judoka weak / medium) and DIVISION I (judoka medium / good). Coaches must register athletes in the corresponding categories according to your skills and capabilities.

#### Division II - Technical Guidelines

Getting falls Judo

Knowing the status of "Tori "(one who performs the action)

Knowing the status of "Uke "(one who suffers the action)

Perform technical primary projection

Immobilization techniques perform primary

Knowing the basic rules of Judo (to win, should do Judo grabs, do drop my partner and or holding it down)

#### DOWN SYNDROME DIVISION II

Men	Women
-38Kg	-40Kg
-46Kg	-48Kg
-55Kg	-57Kg
-66Kg	-70Kg
-81Kg	+70Kg
+81Kg	

Grade: Single

Minimum age: 11 Years

Contest time: 2 minutes

#### DIVISION I - TECHNICAL GUIDELINES

Getting falls Judo

Knowing the status of "Tori "(one who performs the action)

Knowing the status of "Uke "(one who suffers the action)

Perform technical primary projection

Immobilization techniques perform primary

Knowing the rules of Judo game (to win, must make the handle of Judo, do drop my partner and or holding it down)

Know the development in the fight standing competition and soil – Shiai

Knowing the basic rules of arbitration

## DOWN SYNDROME DIVISION I

Men	Women
-38Kg	-40Kg
-46Kg	-48Kg
-55Kg	-57Kg
-66Kg	-70Kg
-81Kg	+70Kg
+81Kg	

Grade: Single

Minimum age: 11 Years

Contest time: 2.5 minutes

2 - The minimum number of athletes will be 2 per pool (the victory will be assigned by performing 3 bouts, winning one to win 2)

3 - In case there is no minimum number of athletes the possibility to switch to the next higher weight and possibly to the upper division if any.

### 4. Arbitration

- Arbitration is formative and not punitive. The referee will always show the rules.

- The Arbitrator shall give only Hagimé to start the fight, after the athletes carry out the greeting

- Not allowed:

Handles below the waist

Projections supporting 2 Knees on the ground (Ex. Seoi - Nage)

Attacks with his arm around the neck (Kochi Guruma ) where there is no continuity on offense

Shime - Waza and Kansetsu - Waza (strangulation and dislocations)

Techniques with both hands to grab the legs (Example Morote -gari)

- In situations not allowed, the Referee shall stop the fight with raw athlete and explain the situation, restarting the fight again

5 - The Organization reserves the right to make changes to the rules if necessary during the tournament and to improve safety and health of athletes.