

## INSTRUCTIONS FOR COMPLETING THE RHYTHMIC GYMNASTICS D PANEL SCRIPT

The coach should complete the D Panel Script for each routine and turn in 2 copies to the Meet Director no later than the Coaches' Meeting before competition (earlier if requested). The coach should have additional copies in case the gymnast also competes in Finals.

- PRINT the athlete's name.
- CIRCLE the appropriate apparatus.
- Fill in Body Skills, Dance Steps, Apparatus Handling, & Mastery (advanced level only) IN THE ORDER THEY OCCUR IN THE ROUTINE.
- In the left hand column, fill in a written Description of the Body Skill or Apparatus Handling.
- In the Symbol columns, use the FIG symbols for the Body Skills or Apparatus Handling.
- Apparatus handling that occurs in conjunction with a Body Skill or Dance Steps should be written on the same line. Additional Apparatus Handling can be written on a separate line.
- In the Coach Value column, fill in the value you feel the skill fulfills. For example, each Apparatus Handling has a value of 0.2. Dance Steps have a value of 0.6. For the value of Body Skills, consult the DSIGO rules and the FIG Code of Points.
- The Judge will fill in the value awarded for each skill.
- The D2 Judge will award Virtuosity in the space at the bottom of the script.