

Gymnast Name:	Apparatus:	Score
Execution, Amplitude, Apparatus Technique 6.0 2.0: Form (pointed toes, straight legs, position & extension of the upper body, etc.). 2.0: Amplitude – The general extension & amplitude of both body (height of jumps, extension of the legs & upper body, high on toes) & apparatus (height of tosses, extension in swings, etc.). 2.0: Apparatus errors (drops, incorrect handling of the apparatus, static apparatus, etc.)		
Connections 2.00 Technical, aesthetic, & connecting elements, where one movement passes smoothly into the next, contrasts in the speed/intensity, amplitude & levels of the movements, in relationship with the music		
Musicality 1.00 Gymnast must convey this guiding idea to the audience from the beginning to the end of the exercise		
Floor pattern and use of space .50 Floor area must be used completely; Different levels (gymnast in flight, standing, on the floor, etc.); Variety of directions/trajectories of body/apparatus movements (forward, backwards, etc.) & modalities of travelling		
Elegance & Expression .50 Graceful, soft, flowing arms, supple body movements & elegant carriage of the body. Body & facial expression; conveys idea of the choreography to the audience. Confident; perform with style & emotion		
Total Score		
Judge Signature & #:		