



*5th Open European Swimming DSISO Championships -
Sardinia, Italy
15-22 September 2019*



SWIMMING & SYNCHRO EVENTS

Day 1	Day 2	Day 3	Day 4
Preliminaries	Preliminaries	Preliminaries	Preliminaries
09h30 -12h30	09h30 -12h30	09h30 -12h30	09h30 -12h30
400m Ind Medley (M) (TF)	400m Ind Medley (F) (TF)	400m Freestyle (M) (TF)	400m Freestyle (F) (TF)
800m Freestyle (F) (TF)	800m Freestyle (M) (TF)	1500m Freestyle (F) (TF)	1500m Freestyle (M) (TF)
50m Backstroke (M)	50m Backstroke (F)	50m Breaststroke (M)	50m Breaststroke (F)
50m Butterfly (F)	50m Butterfly (M)	200m Breaststroke (F)	200m Breaststroke (M)
100m Breaststroke (M)	100m Breaststroke (F)	200m Backstroke (M)	200m Backstroke (F)
100m Backstroke (F)	100m Backstroke (M)	100m Freestyle (F)	100m Freestyle (M)
200m Freestyle (M)	200m Freestyle (F)	50m Freestyle (M)	50m Freestyle (F)
200m Ind Medley (F)	200m Ind Medley (M)	200m Butterfly (F)	200m Butterfly (M)
100m Butterfly (M)	100m Butterfly (F)	4x200 Freestyle (M) (TF)	4x50 Mixed Medley Relay (TF)
4x200 Freestyle (F) (TF)	4x50 Mixed Freestyle Relay (TF)		
Finals	Finals	Finals	Finals
16h00-18h30	16h30-18h30	16h30-18h30	16h30-18h30
	Synchro - <i>Time TBA</i>	Synchro - <i>Time TBA</i>	
	SOLO	DUET	
50m Backstroke (M)	50m Backstroke (F)	50 Breaststroke (M)	50m Breaststroke (F)
50m Butterfly (F)	50m Butterfly (M)	200 Breaststroke (F)	200 Breaststroke (M)
100m Breaststroke (M)	100m Breaststroke (F)	200 Backstroke (M)	200m Backstroke (F)
100m Backstroke (F)	100m Backstroke (M)	100m Freestyle (F)	100m Freestyle (M)
200m Freestyle (M)	200m Freestyle (F)	50m Freestyle (M)	50m Freestyle (F)
200m Ind Medley (F)	200m Ind Medley (M)	200m Butterfly (F)	200m Butterfly (M)
100m Butterfly (M)	100m Butterfly (F)	4x100m Freestyle Relay (M) (TF)	4x50m Freestyle Relay (F) (TF)
4x50m Medley Relay (F) (TF)	4x100m Medley Relay (M) (TF)	4x100m Freestyle Relay (F) (TF)	4x50m Freestyle Relay (M) (TF)
4x50m Medley Relay (M) (TF)	4x100m Medley Relay (F) (TF)		