



# SUDS Open Euro Trigames 2021

for Athletes with Down Syndrome

Ferrara, Italy  
4-11 October 2021

Team Handbook

Partners



ASD  
FORMAT  
FERRARA



## Greeting by the FISDIR President

Dear sporting friends,

once again Italy will host an important international event dedicated to athletes with Down syndrome. The memory of the 2016 Trisome Games in Florence is still alive in everyone's hearts, and we are sure that in the first edition of the Euro TriGames, to be held in Ferrara, we will be able to embrace you once again with the welcoming spirit that has always characterized the competitions in our country.

From 4 to 11 October we will be able to observe European excellence in 8 sports, and it will be a great celebration for everyone. This is because the Euro TriGames 2021 will be the point from which to restart, the event that will help us forgetting the many renunciations made because of the Covid-19 pandemic.

Ferrara is the ideal location for the Euro TriGames 2021. The city already has experience organizing sporting events within the world of intellectual-relational disabilities, and it will be able to accommodate the delegations that will reach us from all over Europe, both in terms of sports facilities and hotel accommodation. For this reason, I would like to thank the Local Organizing Committee for their efforts and the results obtained.

As FISDIR we are honored to host the EuroTriGames 2021. It will be an extraordinary sporting event, a meeting point for many different cultures that will compete for the continental titles and that, at the same time, will be able to discover some often overlooked gems of our beautiful Italy. See you soon and a warm welcome to Ferrara.



**Marco Borzacchini**  
FISDIR President

## Greeting by the President of the L.O.C.

To all of you, dear Federation Officials and to you, dear athletes together with your families, goes my dearest welcome to the Euro Trigames 2021 that will be held in Ferrara, in our beautiful Emilia-Romagna region. It is our belief that this event represents a vast array of emotions that “infect” us positively, especially in a moment in which that word has totally lost a positive meaning.

We can't wait to see our territory invaded by that wonderful wave of joy, brotherhood and serenity that all of you will bring with you from the 4th to the 11th October! For our part, we commit from now on and with all our strength and sense of hospitality to welcome you, so that your stay in our City will be a source of joy and will leave you with pleasant memories to keep.

For us, this event represents the right way to share sport and conviviality in a single celebratory context and gives the right content to being together among people who share the same values.

To all of you, dear friends, the dearest greetings and see you at the opening ceremony of Euro Trigames 2021.

**Stefano Di Brindisi**  
President of the L.O.C.





## Organisation

FISDIR - Federazione Italiana Sport Paralimpici degli Intellettivo Relazionali  
A.S.D. Format Ferrara

## Event Sanctioned By

SU-DS – Sport Union for Athletes with Down Syndrome

IAADS – International Athletics Association for Persons with Down Syndrome

IBA 21 – International Basketball Association for Down Syndrome

FIFDS – Football International Federation for players with Down Syndrome

JUDOWN – Down Syndrome International Judo Organisation

DSISO – Down Syndrome International Swimming Organisation

ITTADS – International Table Tennis Association for persons with Down Syndrome

## Technical Support

Sport Consulting Eventi

## Dates

4-11 October 2021

## The City of Ferrara

Ferrara was an important medieval center and one of the most sumptuous courts of the Renaissance. Hence its very special physiognomy: the harmonious and inimitable combination of the shady and irregular streets of its medieval quarters and the airy, bright and geometric spaces of the Renaissance. Both are dotted with splendid palaces, houses, churches, squares, streets, gardens and works of art preserved in its many museums, which are one of its major attractions.

Ferrara is a silent city, on a human scale, where you can stroll peacefully, on foot or by bicycle, day or night, without any fear, reliving every step magical atmosphere of the past.

Ferrara is a city of art and culture among the largest in Italy, thanks primarily

to its Palazzo dei Diamanti, home to prestigious exhibitions, the high-quality programmes of its Teatro Comunale.

Ferrara is also home to historical reenactments of great appeal, such as the Palio di San Giorgio, the oldest in Italy, musical events such as the Ferrara Buskers Festival and a major festival dedicated to the world of hot air balloons, the Ferrara Balloons Festival.



Ferrara, city of the Renaissance and its Po Delta has featured in the UNESCO World Heritage List since 1995. The Unesco recognition of the city and its territory has authoritatively attested the value of an urban and naturalistic landscape unique in the world.

## How to reach Ferrara

The closest airport is in Bologna (Aeroporto Internazionale “Guglielmo Marconi”, IATA code BLQ). It is located at a distance of about 50 km, and is connected to Ferrara by the A13 freeway.

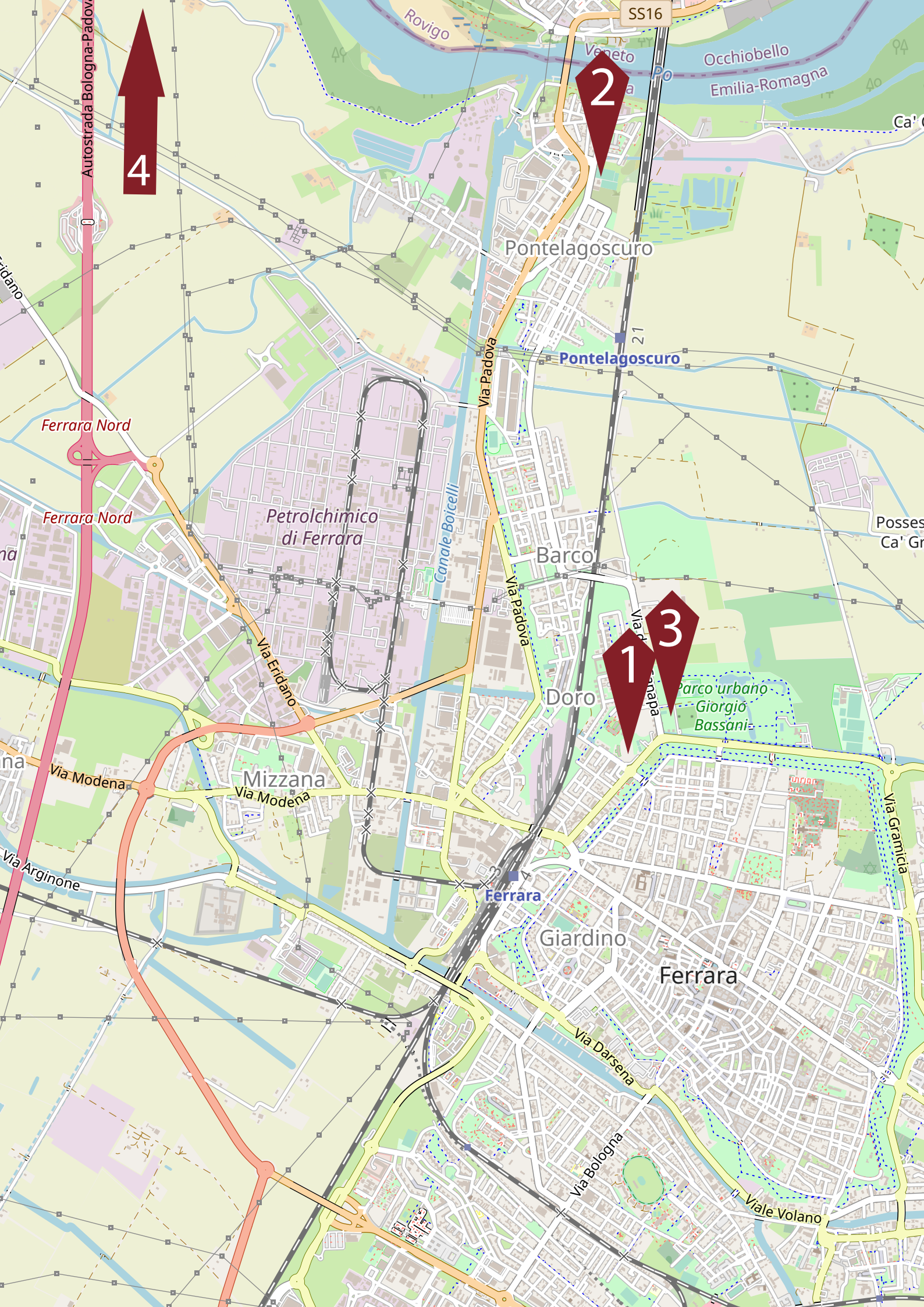
If you wish to reach Ferrara by train, it is linked to Bologna (served by several international trains) by a regional train service with a frequency of about 25 minutes and a journey time between 30 and 50 minutes.

## Local Transportation

The Organization will take care of:

- all transfers between Bologna Airport or Ferrara Station and the hotels of the Delegations.
- all transfers between the hotels of the Delegations and the venues of the Games.





4

2

1

3

## Venues List

### **1 – Main Cluster**

*Campo Scuola “Giampaolo Lenzi” (Athletics)*

*Palapalestre “Padre John Caneparo” (Basketball, Judo)*

*Pattinodromo Comunale “Giorgio Burani” (Table Tennis)*

*Tennis Club Ferrara (Tennis)*

### **2 – Palestra Comunale di Pontelagoscuro (Futsal)**

### **3 – Centro Sociale “Il Parco” (Dining hall)**

*Off the map*

### **4 – Polo Natatorio di Rovigo (Swimming, Synchr. Swimming)**



## Sports

- |                              |                          |
|------------------------------|--------------------------|
| 1. Athletics/Track and Field | 5. Synchronized Swimming |
| 2. Futsal                    | 6. 4x4 Basketball        |
| 3. Judo                      | 7. Tennis                |
| 4. Swimming                  | 8. Table Tennis          |

## Medical Service and Healthcare Protocol

There will be a permanent medical service present during each competition day. The LOC will set up a COVID protocol depending on the healthcare context in October 2021, following all recommendations issued by the Italian Government and the relevant local authorities.

## Visas

Each competing nation is responsible for arranging for the necessary visas for their delegation. Where required the LOC will issue a letter of invitation to participating nations; should that be the case for your Delegation, we ask you to inform us as soon as possible, as procedures for obtaining visas may be lengthy.

## Sport rules and regulations

The event will be governed by the rules of IAADS – International Athletics Association for Persons with Down Syndrome, IBA 21 – International Basketball Association for Down Syndrome, FIFDS – Football International Federation for players with Down Syndrome, JUDOWN – Down Syndrome International Judo Organisation, DSISO – Down Syndrome International Swimming Organisation and ITTADS – International Table Tennis Association for persons with Down Syndrome.

## Eligibility and Accreditation

All athletes entering the event should already be registered with the SU-DS by 15 July 2021. Please visit the [www.su-ds.org](http://www.su-ds.org) website for the SU-DS Registration Policy.





Accreditations will be issued to all each athlete, staff member or delegation official once they have proven their identities; the accreditations will feature the bearer's photo on them.

We therefore ask you to send us a passport photo for each member of your delegation.

The photos must adhere to the following requirements:

- JPEG format (.jpg, .jpeg extensions)
- Dimensions must be in a 1:1 ratio
- The background must be as homogeneous as possible
- The minimum resolution must be 600 x 600 px
- The filename must be in the [Country]\_[Surname]\_[Given name].jpg format

## Insurance

The Organising Committee ensures satisfactory arrangements in respect of public liability and professional indemnity. Participating member organisations are responsible for their own insurance requirement for travel, personal accident, liability and medical matters.

## Registration deadlines

*Intention of Participation:* 31 March 2021

*Entry by numbers* and first 30% down payment: 30 May 2021

*Entry by names*, competition forms, travel info and final payment: 15 July 2021

In case the event is canceled for health/pandemic reasons, or if the Delegation withdraws its entry before or on **31 August 2021**, the Organization will keep 10% of the total entry fee.

If the Delegation withdraws its entry after the cut-off date, the Organization will keep 100% of the total entry fee.

## Accommodation

The Organization will provide the Delegations with single, double, triple or more bedrooms in three and four-star hotels.

The Organization reserves itself the right not to satisfy any requests regarding the

type of rooms; requests will be treated on a first come, first serve basis.

**Family members, supporters, companions, etc will have to take care of their accommodation needs by themselves; they may contact us at [supporters@eurotrigames2021.eu](mailto:supporters@eurotrigames2021.eu), where we will be glad to help them with their bookings.**

**They may travel on the Delegation's bus to and from the Airport at an additional cost of 30,00 € per person. The bus will only stop at the Accreditation Venue; the Organization will not be responsible for onward travel to other places or for transportation to and from the Games' venues.**

## Catering

Breakfasts and Dinner will be served, where possible, in the hotels of the Delegations. Lunches will be served at the Centro Sociale il Parco, in the immediate vicinity of most venues.

## Entry Fees

The entry fee for all members of the delegation (athletes, technical/medical staff and officials) is as follows:

- 890 € per person for a triple (or more) room accommodation
- 950 € per person for a double room accommodation
- 1100 € per person for a single room accommodation (**single rooms are subject to availability, therefore we cannot guarantee we will be able to satisfy all requests for single rooms**).

All fees include full board accommodation, transportation and the SU-DS Capitation Tax.

If you need extra nights, please contact us at [info@eurotrigames2021.eu](mailto:info@eurotrigames2021.eu); we will be glad to provide you with a customised quote.

## Payment Details

The SU-DS Capitation Tax of 25,00 € is payable for each sport for both athletes and all team staff.

The SU-DS Capitation for one single sport is included in the entry fee. Therefore, if



the athlete or team staff participates in more than one sport they will have to pay the tax for a corresponding number of times.

## Bank Details

Bank	Banca Centro Emilia
Beneficiary	A.S.D. Format Ferrara
IBAN	IT42 K085 0913 0000 3100 9439 236
BIC/SWIFT	CCRTIT2TBCE
Specification	Euro Trigames 2021 + 1st/2nd payment + name of country

**All banking fees must be paid for by the sender; if we receive payments that amount to less than the total Entry fee, we reserve ourselves the right to ask for additional payment.**

## Flags and National Anthems

Every delegation will have to bring a suitable number of flags:

- a minimum of one flag for each team sport
- a minimum of three flags for each individual sport if the delegation has a minimum of two athletes competing in it.

The suggested size is 80 x 120 cm.

All delegation must send to the LOC their National Anthem in .mp3 format **before they arrive in Ferrara**. They will also be required to bring a CD or USB drive with the anthem on it for use during Official Ceremonies. The Anthem must not be longer than 1 minute and 20 seconds.

## Official Language

The official language of the event is English. All materials and information will be available in English.

## Entry tickets

Entry to all events (if allowed by the relevant Healthcare Protocol) will be free.

## Provisional Programme

	Monday 4 Oct	Tuesday 5 Oct	Wednesday 6 Oct	Thursday 7 Oct	Friday 8 Oct	Saturday 9 Oct	Sunday 10 Oct	Monday 11 Oct
Athletics	Delegations Arrive	Opening Ceremony --- Training	Competition	Competition	Rest --- Social Programme	Competition	Competition	Delegations Depart
Futsal			Competition	Competition		Training	Competition	
Judo			Competition	Training		Competition	Rest	
Swimming			Competition	Competition		Competition	Competition	
Synch. Swimming			Training	Training		Competition	Competition	
Basketball			Competition	Training		Competition	Competition	
Tennis			Competition	Competition		Competition	Rest	
Table Tennis			Competition	Competition		Competition	Competition	
							Final Party	

# Sports

The informations contained within this section may be subject to changes at any moment.

A detailed programme will be published on our website (<https://www.eurotrigames2021.eu>) at a later date.





# Athletics

## Competition Venue

Campo Scuola “Giampaolo Lenzi” – Via Porta Catena, 81 - 44121 Ferrara (FE)



## Technical Meeting

The technical meeting will be held on Tuesday, 5 October 2021 at 4.00 pm at the competition venue.

## Medal/Trophy Ceremonies

Medal ceremonies will take place immediately after the relevant competition.

## Competition Schedule

Tuesday 5 October 2021: Training session

Wednesday 6 October 2021: Competition day

Thursday 7 October 2021: Competition day

Friday 8 October 2021: Rest/Social Programme

Saturday 9 October 2021: Competition day

Sunday 10 October 2021: Competition day



## Event List

Running: 100 m, 200 m, 400 m, 800 m, 1500 m, 4x100 relay, 4x400 relay

Race walking: 800 m, 1500 m

Jumps: long jump

Throws: shot put, discus throw, javelin throw

*Triathlon* (100 m, long jump, shot put)

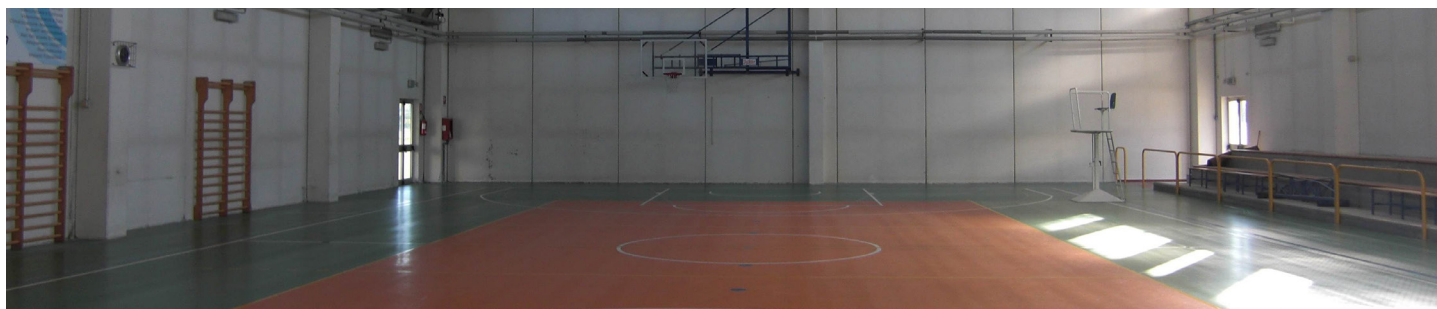
A detailed schedule will be published once all entries are finalised.



# Futsal

## Competition Venue

Palestra Comunale di Pontelagoscuro – Via Venezia, 98 - 44123 Ferrara (FE)



## Technical Meeting

The technical meeting will be held on Tuesday, 5 October 2021 at 4.00 pm at the competition venue.

## Medal/Trophy Ceremonies

Medal ceremonies and the presentation of individual trophies will take place immediately after the gold medal match.

## Competition Schedule

Tuesday 5 October 2021: Training session

Wednesday 6 October 2021: Competition day

Thursday 7 October 2021: Competition day

Friday 8 October 2021: Rest/Social Programme

Saturday 9 October 2021: Training session

Sunday 10 October 2021: Competition day



# Judo

## Competition Venue

Palapalestre “Padre John Caneparo” – Viale F. Tumiatì, 5 - 44122 Ferrara (FE)



## Technical Meeting

The technical meeting will be held on Tuesday, 5 October 2021 at 4.00 pm at the competition venue.

## Medal/Trophy Ceremonies

Medal ceremonies will take place immediately after the relevant competition.

## Competition Schedule

Tuesday 5 October 2021: Training session

Wednesday 6 October 2021: Competition day

Thursday 7 October 2021: Training session

Friday 8 October 2021: Rest/Social Programme

Saturday 9 October 2021: Competition day

Sunday 10 October 2021: Competition day

## Weight Categories

Men: -60kg, -66kg, -73kgs, -81kgs, -90kgs, -100kgs, + 100kgs

Women: -48kgs, -52kgs, -57kgs -63kgs, -70kgs, -78kgs, + 78kgs

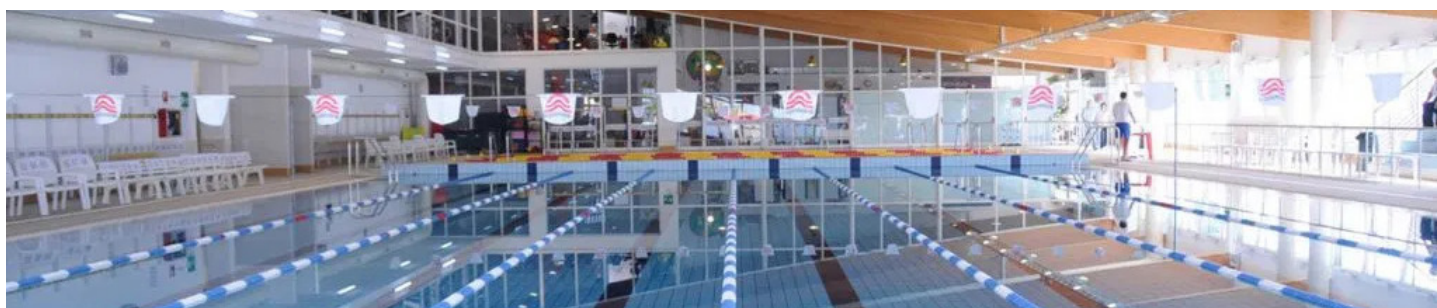


# Swimming

## Competition Venue

Polo Natatorio di Rovigo – V.le Porta Po, 88 - 45100 Rovigo (RO)

The Competition will be held in a 25m pool (short course)



## Technical Meeting

The technical meeting will be held on Tuesday, 5 October 2021 at 4.00 pm at the competition venue.

## Medal/Trophy Ceremonies

Medal ceremonies will take place immediately after the relevant competition; medals will be awarded for both the heats and the finals.

Team trophies will be awarded to the best T21 Male, T21 Female, Mosaic Male and Mosaic Female teams; individual trophies will be presented to the best T21 Male, T21 Female, Mosaic Male and Mosaic Female athletes.

## Competition Schedule

Tuesday 5 October 2021: Training session

Wednesday 6 October 2021: Competition day

Thursday 7 October 2021: Competition day

Friday 8 October 2021: Rest/Social Programme

Saturday 9 October 2021: Competition day

Sunday 10 October 2021: Competition day





## Event list

**All events, unless otherwise specified, will feature separate competitions for both male and female athletes.**

Freestyle: 25 m, 50 m, 100 m, 200 m, 400 m, 800 m, 1500 m

Backstroke: 25 m, 50 m, 100 m, 200 m

Breaststroke: 25 m, 50 m, 100 m, 200 m

Butterfly: 25 m, 50 m, 100 m, 200 m

Individual medleys: 100 m, 200 m, 400 m

Relays:

- Freestyle: 4x50 m, 4x50 m mixed M+F, 4x100 m, 4x200 m
- Medley: 4x50 m, 4x50 m mixed M+F, 4x100 m

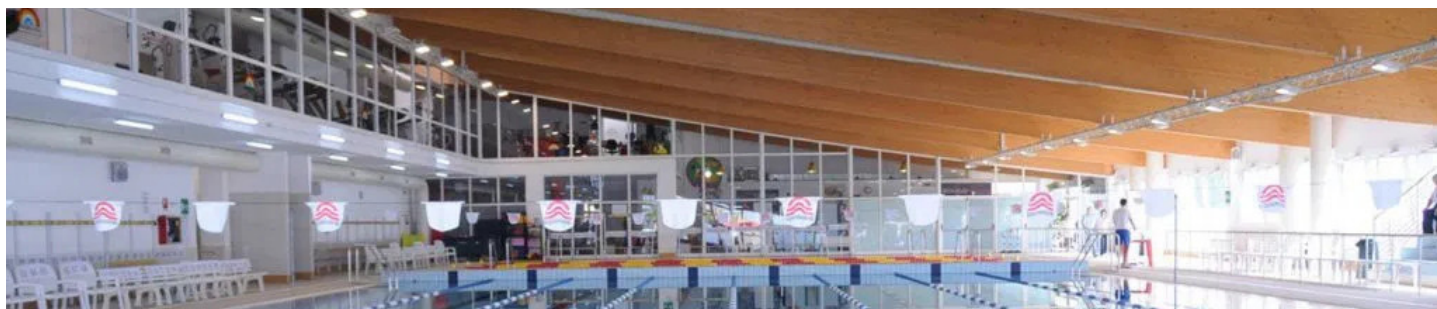
A detailed schedule will be published once all entries are finalised.



# Synchronized Swimming

## Competition Venue

Polo Natatorio di Rovigo – V.le Porta Po, 88 - 45100 Rovigo (RO)



## Technical Meeting

The technical meeting will be held on Tuesday, 5 October 2021 at 4.00 pm at the competition venue.

## Medal/Trophy Ceremonies

Medal ceremonies will take place immediately after the relevant competition.

## Competition Schedule

Tuesday 5 October 2021: Training session

Wednesday 6 October 2021: Training session

Thursday 7 October 2021: Training session

Friday 8 October 2021: Rest/Social Programme

Saturday 9 October 2021: Competition day

Sunday 10 October 2021: Competition day

## Event list

Solo Tech (Male or Female)

Solo Free (Male or Female)

Duet Tech (Male, Female or Mixed)

Duet Free (Male, Female or Mixed)

Team Tech to be performed between 4 and 8 athletes (Male, Female or Mixed)



# 4x4 Basketball

## Competition Venue

Palapalestre “Padre John Caneparo” – Viale F. Tumiatì, 5 - 44122 Ferrara (FE)



## Technical Meeting

The technical meeting will be held on Tuesday, 5 October 2021 at 4.00 pm at the competition venue.

## Medal/Trophy Ceremonies

Medal ceremonies and the presentation of individual trophies will take place immediately after the gold medal match.

## Competition Schedule

Tuesday 5 October 2021: Training session

Wednesday 6 October 2021: Competition day

Thursday 7 October 2021: Training session

Friday 8 October 2021: Rest/Social Programme

Saturday 9 October 2021: Competition day

Sunday 10 October 2021: Competition day



# Tennis

## Competition Venue

Tennis Club Ferrara – Via Porta Catena, 79 - 44122 Ferrara (FE)



## Technical Meeting

The technical meeting will be held on Tuesday, 5 October 2021 at 4.00 pm at the competition venue.

## Medal/Trophy Ceremonies

Medal ceremonies will take place immediately after the relevant competition. The Team Competition trophy and any other individual trophies will be presented during the Closing Ceremony.

## Competition Schedule

Tuesday 5 October 2021: Training session

Wednesday 6 October 2021: Competition day

Thursday 7 October 2021: Competition day

Friday 8 October 2021: Rest/Social Programme

Saturday 9 October 2021: Competition day

Sunday 10 October 2021: Rest



# Table Tennis

## Competition Venue

Pattinodromo Comunale "Giorgio Burani" – Via G. Bianchi, 4- 44122 Ferrara (FE)

## Technical Meeting

The technical meeting will be held on Tuesday, 5 October 2021 at 4.00 pm at the competition venue.

## Medal/Trophy Ceremonies

Medal ceremonies will take place immediately after the relevant competition.

## Competition Schedule

Tuesday 5 October 2021: Training session

Wednesday 6 October 2021: Competition day

Thursday 7 October 2021: Competition day

Friday 8 October 2021: Rest/Social Programme

Saturday 9 October 2021: Competition day

Sunday 10 October 2021: Competition day





## Contacts

Local Organizing Committee  
Mr. Andrea Gardenghi

## Delegations Enquiries

[delegations@eurotrigames2021.eu](mailto:delegations@eurotrigames2021.eu)

## Supporters Enquiries

[supporters@eurotrigames2021.eu](mailto:supporters@eurotrigames2021.eu)

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## ENTRY BY NUMBERS FORM

Country

SU-DS Member Org.

Postal Address

Phone

E-mail

Contact person

## NUMBER OF DELEGATION MEMBERS

	Male	Female	Total
Athletes			
Team Staff			
Delegation Officials			
<b>Delegation Totals</b>			

Please return this form to the Organization before 30 May 2021,  
by email to [delegations@eurotrigames2021.eu](mailto:delegations@eurotrigames2021.eu)

**Country**

### ACCOMMODATION *(excl. Capitation Tax)*

Room Type	Single	Double	Triple or more
No. of people			
<b>Price per person</b>	<b>1075,00 €</b>	<b>925,00 €</b>	<b>865,00 €</b>
Amount			
<b>Accommodation Total</b>			

### CAPITATION TAX *(25,00 € per person, per sport)*

Athletics		Basketball		Futsal		Judo		Swimming	
Athletes	Staff	Athletes	Staff	Athletes	Staff	Athletes	Staff	Athletes	Staff
Synch. Swimming		Table Tennis		Tennis		Delegation Officials			
Athletes	Staff	Athletes	Staff	Athletes	Staff				
<b>Capitation Tax Total</b>									

### Total Amount due

30% of the total amount, to be paid by 30 May 2021

70% of the total amount, to be paid by 15 July 2021

Stamp, date and signature