

6th Open European Athletics Championships Ferrara, Italy, 4th to 11th October 2021

Competition / Events

Minimum Standards

Event	Men	Women
100m	15.50	22.00
200 m	34.20	50.00
400m	1.28.00	2.05.00
800m	3.40.00	open
1.500m	open	open
800m Walk Race	open	open
1.500m Walk Race	open	open
Long Jump	3.35m	2.20m
Shot Dut (Alex M / Slex E)	7.00m	4.70
Shot Put (4kg M / 3kg F)	7.20m	4.70m
Discus (1kg M / 0.75 F)	15.20m	10.00m
Javelin (600gr M / 400gr F)	15.50m	10.00m
Triathlon	opon	onon
(100m / Long Jump / Shot Put)	open	open
(100m/ Long bump/ onot rut)		
4 x 100m Relay	1 team per country	1 team per country
4 X Toolii Kelay	r todin per country	1 todin per country
4 x 400m Relay	1 team per country	1 team per country
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