

OPEN EUROPEAN TRIGAMES 2021  
**6<sup>th</sup> Open European Swimming Down Syndrome Championships**  
**4<sup>th</sup>-11<sup>st</sup> October 2021, Ferrara -Italy**



**QUALIFYING STANDARDS**

(short course pool- 25 meters)\*

Minimum Qualifying Times to have been achieved between 1<sup>st</sup> October 2019 and 12<sup>nd</sup> July 2021

Metres		Men		Women	
		MQT A	MQT B	MQT A	MQT B
25*	Freestyle	28,49	31,40	30,00	35,21
25*	Backstroke	33,74	35,50	36,27	39,19
25*	Breaststroke	34,94	37,69	40,57	49,08
25*	Butterfly	34,62	37,16	37,07	40,93

\*only for junior swimmers

Metres		Men		Women	
		MQT A	MQT B	MQT A	MQT B
50	Freestyle	1:00.00	1:15.20	1:10.00	1:20.85
50	Backstroke	1:13.00	1:33.45	1:17.00	1:40.32
50	Breaststroke	1:10.00	1:43.25	1:19.25	1:50.00
50	Butterfly	1:08.00	1:38.12	1:18.00	1:55.45

Metres		Men		Women	
		MQT A	MQT B	MQT A	MQT B
100	Freestyle	1:50.00	2:01.20	2:00.00	2:37.19
100	Backstroke	2:00.00	2:11.80	2:29.15	2:34.00
100	Breaststroke	2:06.00	2:15.64	2:30,96	2:35.00
100	Butterfly	2:01.51	2:20.30	2:15.14	2:30.00
100	Ind Medley	2:00.27	2:10.27	2:20.00	2:22.05

Metres		Men		Women	
		MQT A	MQT B	MQT A	MQT B
200	Freestyle	3:49.00	4:08.55	4:18.14	4:25.00
200	Backstroke	3:32.67	4:16.00	4:20.06	4:40.00
200	Breaststroke	4:31.07	4:45.00	5:12.73	5:20.00
200	Butterfly	4:22.00	4:41.11	4:41.29	5:10.00
200	Ind Medley	3:53.40	4:00.00	5:03.57	5:10.00

Metres		Men		Women	
		MQT A	MQT B	MQT A	MQT B
400	Freestyle	8:05.13	8:10.00	9:10.00	9:21.01
400	Ind Medley	9:10.11	9:30.00	10:30.00	10:49.12
800	Freestyle	15:40.56	16:05.00	17:10.00	17:50.21
1500	Freestyle	30:49.70	31:00.00	31:42.27	33:00.00

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\*The times obtained in yards disputed will be converted to times corresponding to events disputed in meters, according to the official NCAA table (National Collegiate Athletic Association).