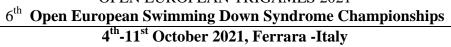
## OPEN EUROPEAN TRIGAMES 2021





#### **QUALIFYING STANDARDS**

(short course pool- 25 meters)\*

## Minimum Qualifying Times to have been achieved between 1st October 2019 and 12nd july 2021

D.G. tura		Men	
Metres		MQT A	MQT B
25*	Freestyle	28,49	31,40
25*	Backstroke	33,74	35,50
25*	Breaststroke	34,94	37,69
25*	Butterfly	34,62	37,16

Women		
MQT A	MQT B	
30,00	35,21	
36,27	39,19	
40,57	49,08	
37,07	40,93	

\*only for junior swimmers

Metres		Men	
		MQT A	MQT B
50	Freestyle	1.00.00	1:15.20
50	Backstroke	1.13.00	1:33.45
50	Breaststroke	1:10.00	1:43.25
50	Butterfly	1:08.00	1:38.12

Women		
MQT A	MQT B	
1:10.00	1:20.85	
1:17.00	1:40.32	
1:19.25	1:50.00	
1:18.00	1:55.45	

Metres		Men	
		MQT A	MQT B
100	Freestyle	1:50.00	2:01.20
100	Backstroke	2:00.00	2:11.80
100	Breaststroke	2:06.00	2:15.64
100	Butterfly	2:01.51	2:20.30
100	Ind Medley	2.00.27	2:10.27

Women		
MQT A	MQT B	
2:00.00	2:37.19	
2:29.15	2:34.00	
2:30,96	2:35.00	
2:15.14	2:30.00	
2:20.00	2:22.05	

Metres		Men	
		MQT A	MQT B
200	Freestyle	3:49.00	4:08.55
200	Backstroke	3:32.67	4:16.00
200	Breaststroke	4:31.07	4:45.00
200	Butterfly	4:22.00	4:41.11
200	Ind Medley	3:53.40	4:00.00

Women		
MQT A	MQT B	
4:18.14	4:25.00	
4:20.06	4.40.00	
5:12.73	5:20.00	
4:41.29	5:10.00	
5:03.57	5:10.00	

Metres		Men	
400	Freestyle	8:05.13	8.10.00
400	Ind Medley	9:10.11	9.30.00
800	Freestyle	15:40.56	16.05.00
1500	Freestyle	30:49.70	31.00.00

Women		
9:10.00	9:21.01	
10:30.00	10:49.12	
17:10.00	17:50.21	
31:42.27	33:00.00	

## OPEN EUROPEAN TRIGAMES 2021

# 6<sup>th</sup> Open European Swimming Down Syndrome Championships 4<sup>th</sup>-11<sup>st</sup> October 2021, Ferrara -Italy



<sup>\*</sup>The times obtained in yards disputed will be converted to times corresponding to events disputed in meters, according to the official NCAA table (National Collegiate Athletic Association).