

BAUHAUS

**DOWN
SYNDROME
WORLD
CHAMPIONSHIPS
BULGARIA**

**JUNE 13-19
2026**

Team Handbook



BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS
BULGARIA JUNE 13-19 2026

Greeting by the President of the L.O.C.

Dear Sport friends,



I am pleased to welcome you in Sofia! It is my wish that this experience will remain forever in your memories.

My staff and I, will ensure to host you with enthusiasm and friendliness. We are getting ready so this **BAUHAUS** 2026 World Championships will take place in the best way possible for both athlete and staff of every national delegation. Many people are involved to support you and see to your needs

We will give you the opportunity to discover Sofia in all its splendour and warmth. I hope your stay in Sofia will be rich in personal and sporting satisfaction.

Please let us, as soon as possible your intentions, questions and considerations.

We are looking forward to seeing you in Sofia!

Slav PETKOV

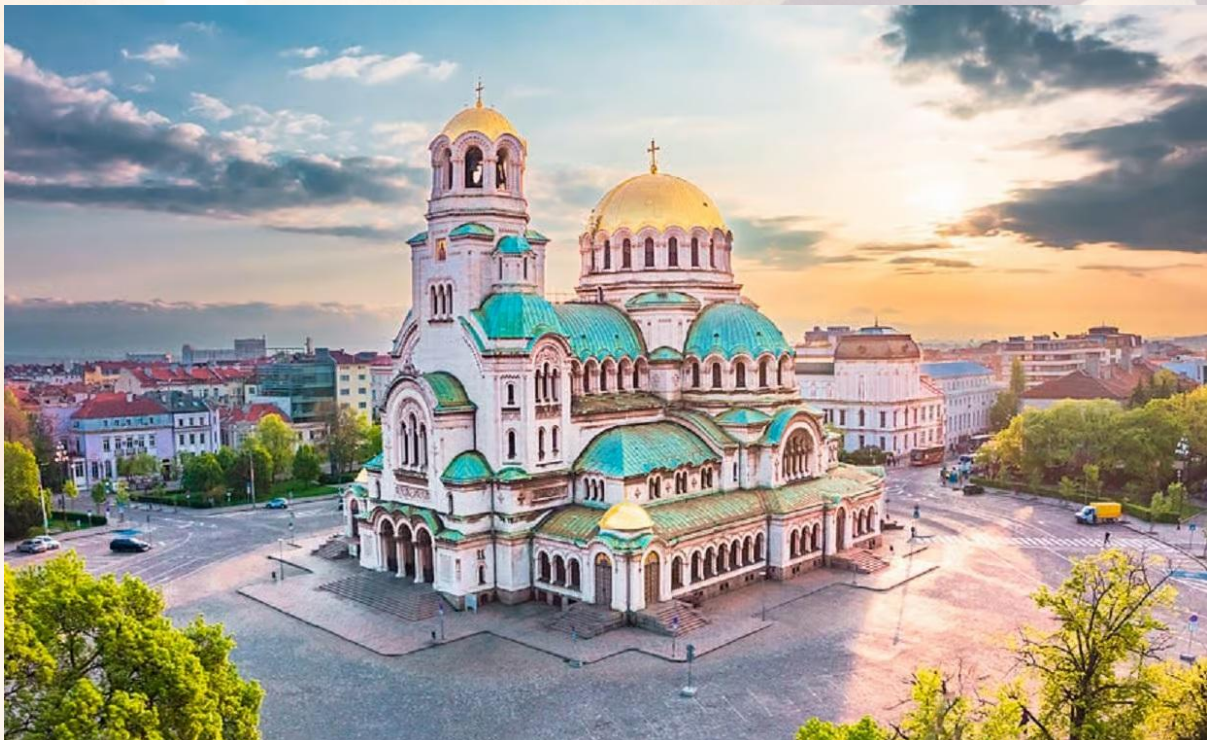
FAPA BULGARIA President

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS **BULGARIA JUNE 13-19 2026**

Host City

Sofia city is ancient and young, calm and energetic, historic and modern. The capital of Bulgaria welcomes you with open arms, rich culture, and an authentic atmosphere.

Stroll along boulevards where Roman ruins meet contemporary architecture, visit the majestic St. Aleksander Nevski Cathedral one of the symbols of Orthodoxy.



Discover the magic of the Boyana Church, a UNESCO World Heritage site. Hike up to Vitosha Mountain, which embraces the city, to enjoy a breathtaking panorama. You can also relax at mineral springs, explore parks and museums, and savor authentic Bulgarian cuisine. Sofia offers a unique blend of history, culture, and natural beauty, promising an unforgettable experience for every visitor.



BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS **BULGARIA JUNE 13-19 2026**

Event organisers

FAPA BULGARIA

Official Language

English is the official language of SUDS events. All material and information will be available in English

Event Dates

13-19 JUNE 2026

Local Transport

The LOC will take care of:

- all transfers between Vasil Levski Sofia Airport and the hotel of the Delegations.
- all transfers between the hotel of the Delegations and the Competition venues.

Sports

- Athletics
- Table Tennis
- Tennis
- Artistic Gymnastics
- Rhythmic Gymnastics

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS

BULGARIA JUNE 13-19 2026

Competition Venues

To Be Confirmed

Visas

Each participating national delegation is responsible for arranging for the necessary visas for their delegation.

If it needed, the LOC will issue a letter of invitation to participating national delegation. We ask you to inform us as soon as possible if you need to apply visas.

Event Sanctioning

The event will be governed by the rules of:

IAADS – International Athletics Association for Persons with Down Syndrome;

DSIGO – Down Syndrome International Gymnastics Organizations;

ITTADS – International Table Tennis Association for persons with Down Syndrome.

DOWNTENNIS – International Tennis Federation for players with Down Syndrome

SUDS - Sports Union for athletes with Down Syndrome

Eligibility and accreditation

All athletes entering the event should already be registered with the SUDS.

Please visit the www.su-ds.org website for the SUDS Registration Policy.

We ask you to send us a passport photo for each member of your delegation.

The photos must adhere to the following requirements:

- JPEG format (.jpg, .jpeg extensions)
- Portrait passport format
- The background must be as homogeneous as possible
- The filename must be in the [Country]_ [Given name]_[Surname] .jpg format

The closing date for submitting SUDS Registration applications is 13 April 2026.

Medical service and health protocol

There will be a permanent medical service present during each competition day

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS

BULGARIA JUNE 13-19 2026

Insurance

The Local Organising Committee ensures satisfactory arrangements in respect of public liability and professional indemnity. Participating member organisations are responsible for their own insurance requirement for travel, personal accident, liability and medical matters.

Entry deadlines

- Intention of Participation: 31 December 2025
- Entry by numbers and first 30% down payment: 28 February 2026
- Entry by names, competition forms, travel info and final payment: 30 April 2026

Bank transfer charges will be at the expense of the country.

Entry fees

This entry fee per person for all delegation members (athletes and officials) includes six nights accommodation, all meals (from lunch on June 13 to breakfast on June 19), transportation to and from Sofia airport, transportation to all competitions venues, training sessions and key events, and SUDS competition tax. This package is available for Athletics, Table Tennis, Tennis, Artistic Gymnastics and Rhythmic Gymnastics.

The entry fees per 1 person:

- € 930,00 per person for a double room accommodation
- € 1050,00 per person for a single room accommodation

The single rooms are subject to availability; therefore, we cannot guarantee we will be able to satisfy all requests for single rooms. Requests will be treated on a first come, first serve basis.

If you need extra nights, please contact us at championships.bg@gmail.com ; we will be glad to provide you with a customised quote.

Important! Delegations that have not paid the full participation fee by the specified deadline will not be accommodated and will not be allowed to participate in the competition!

Accommodation

To Be Confirmed

The same entry fees and accommodation options are available for Supporters and family members.

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS
BULGARIA JUNE 13-19 2026

PROVISIONAL PROGRAM

SPORTS	13 June/ SAT	14 June/ SUN	15 June/ MON	16 June/ TUE	17 June/ WED	18 June/ THU	19 June/ FRI
ATHLETICS	Arrival	Training/ Opening Ceremony	Competition	Competition	Competition	Social Program/ Closing Ceremony	Departure
TABLE TENNIS	Arrival	Training/ Opening Ceremony	Competition	Competition	Competition	Competition/ Social Program/ Closing Ceremony	Departure
TENNIS	Arrival	Training/ Opening Ceremony	Competition	Competition	Competition	Social Program/ Closing Ceremony	Departure
RHYTHMIC GYMNASTICS	Arrival	Training/ Opening Ceremony	Competition	Competition	Competition	Social Program/ Closing Ceremony	Departure
ARTISTIC GYMNASTICS	Arrival	Training/ Opening Ceremony	Competition	Competition	Competition	Social Program/ Closing Ceremony	Departure

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS

BULGARIA JUNE 13-19 2026



Event List:

- Running: 100 m, 200 m, 400 m, 800 m, 1500 m, 4x100 relay, 4x200 relay MIX and 4x400 relay
- Race Walking: 1500 m, 3000 m
- Jumps: Long Jump
- Throws: Shot put, Discus, Javelin
- Triathlon (100 m, long jump, shot put)

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS
BULGARIA JUNE 13-19 2026

MINIMUM QUALIFICATION STANDART

EVENT	MEN	WOMEN
100m	15.50	21.00
200m	33.80	50.00
400m	1.28.00	2.02.00
800m	3.40.00	Open
1.500m	Open	Open
1.500m Walk Race	Open	Open
3.000m Walk Race	Open	Open
Long Jump	3.35m	2.00m
Shot Put (4kg M / 3kg F)	7.20m	4.50m
Discus (1kg M / 0.75 F)	15.20m	10.00m
Javelin (600gr M/400gr F)	15.50m	10.00m
Triathlon (100m/Long Jump/Shot Put)	Open	Open
4x 100m Relay	1 team per country	1 team per country
4x 200m Relay MIX	2 men per country	2 women per country
4x 400m Relay	1 team per country	1 team per country

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS
BULGARIA JUNE 13-19 2026



TABLE TENNIS



Event List:

- Female singles
- Male singles
- Female Doubles
- Male Doubles
- Mixed Doubles
- Men Teams
- Women Teams

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS
BULGARIA JUNE 13-19 2026



TENNIS



Event List:

- Female singles
- Male singles
- Female Doubles
- Male Doubles
- Mixed Doubles

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS
BULGARIA JUNE 13-19 2026



ARTISTIC GYMNASTICS



Event list MAG:

- Floor
- Pommel Horse
- Rings
- Vault
- Parallel Bars
- High Bar

Event list WAG:

- Floor
- Low Bar
- Uneven Bars
- Beam

BAUHAUS DOWN SYNDROME WORLD CHAMPIONSHIPS
BULGARIA JUNE 13-19 2026



RHYTHMIC GYMNASTICS



Event List:

- Hoop
- Ball
- Clubs
- Ribbon
- Rope

See you in Sofia!